

St. Joseph's Parish

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St. Joseph, Pray for Us

February 1st, 2026

4TH SUNDAY IN ORDINARY TIME

Stewardship Reflection:

"Blessed are the poor in spirit, for theirs is the kingdom of heaven..."

(Matthew 5:3)

The phrase "poor in spirit" can be confusing. Think of it in this sense - poor in spirit means depending on God's providence and not depending on our own self-reliance. Being detached from earthly things (power, money, and comfort) and being attached to heavenly things (charity, sacrifice, and mercy). Denying ourselves from satisfying our desires and helping others obtain their basic needs.

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Mass Intentions:

Mon. Feb 2 9:00am Graeme Burke
Tues. Feb 3 9:00am Zachary Restiaux (health)
Wed. Feb 4 9:00am ***No morning Mass**
Thur. Feb 5 9:00am Antonio Bettencourt +
Fri. Feb 6 9:00am Ken Restiaux +
Sat. Feb 7 9:00am Nedumparambil Family

SUNDAY, FEB 8TH, 2026

5TH SUNDAY IN ORDINARY TIME

Sat. Feb 7 5:00pm Bruno Mannella +
Sun. Feb 8 9:00am Celebrant's Intention
Sun. Feb 8 11:00am Parishioners of St. Joseph's

Please Pray for our Parishioners who have health challenges:

Randi Robertson, Francelina Narciso, Anna de Jong, Zita Walt, Peter de Jong, Riet de Jong, Lilia Huff, Frank Muermann, Patricia Peters, Eileen Webster, Zachary Restiaux, Herman Van Der Loos, Benito Mar, Joseph Shannon, Suzanne Maxwell and Garry Adams.

CWL Bake Sale: The CWL will be having a Bake Sale on **Sunday, February 8th, 2026** after both masses. There will be Apple Pies, Apple Crisps and other delicious treats for sale. All proceeds going towards the good deeds of the CWL. Your baked goods are always welcome!

Youth Group: Youth group will take place on **February 21st, 2026** after the 5pm Mass, from **6-8pm**. We hope to see you there!

Movie Night: All are welcome in watching inspirational movies on **Wednesday evenings at 6:30 pm** in the church hall. This week we will be watching the second half of **"The Case for Christ"**. Based on the true story of Lee Strobel, an investigative journalist and self-proclaimed atheist who sets out to disprove the existence of God after his wife becomes a Christian. Running time approx. 60 minutes. For more info, contact Judi at 604-832-0334.

CWL: Annual Membership fees (\$45) are now due and will be collected after all Masses this weekend. All ladies are encouraged to join the Catholic Women's League. We look forward to welcoming you.

Young Adult Bible Study: This runs on the first and third Sundays of the month and is open to all young adults 18-30 years old. The next class will be tonight, **Sunday, February 1st, 2026 from 6:30-8:30pm**. All are welcome to attend and we look forward to seeing you there!

Parish Office Closure: There will be a scheduled power outage on **Wednesday, February 4th, 2026** to complete some electrical work in the Church. As a result of this there will be **no morning Mass** and the parish office will be closed all day.

CWL: The next CWL meeting will be on **Monday, February 9th at 7:15pm** in the Church foyer. Bring a small jar if you'd like to make bath salts. New members are always welcome!

St. James & St. Ann's Elementary School Movie Night Fundraiser: Please join us in the school gymnasium on **Friday, February 27th, 2026** to watch **"The Iron Giant"**. Doors open at 5:30pm, movie starts at 6:00pm. \$5 per person or \$25 per family (5 or more). The Concession Stand will have hot dogs, smokies, popcorn, candy, and more! We look forward to seeing you there!

Save us O Lord our God, that we may honour you
with all our mind, and love everyone in truth of heart.
Through our Lord Jesus Christ, your Son, who lives
and reigns with you in the unity of the Holy Spirit,

Rosary: Come and learn more about your faith by joining us on **Monday evenings at 6:30pm** in the church hall. We will be meeting **this Monday, February 2nd, 2026** to pray the Rosary. We will be praying the Rosary according to the ancient tradition renewed by St. Dominic: we expand our meditations by beginning with a brief teaching from Scripture, Tradition, or the Magisterium. We then meditate on that teaching as we pray each decade, repeating this rhythm of reflection and prayer five times. There will be a short discussion on the meditation afterwards. Our February 2nd session will be on "**Sermon on the Mount**". For more information, contact Judi at 604-832-0334.

Mass of Anointing - World Day of the Sick: Pray for those who suffer from illness and their caregivers. Join Archbishop Smith for Mass at Our Lady of Sorrows in Vancouver followed by a reception. **Wednesday, February 11th, 11:00am at Our Lady of Sorrows Parish in Vancouver.** See other participating parishes at beholdvancouver.org/events.

Seminary of Christ the King Live-In Experience: Are you interested in the priesthood or the life of a religious brother, and want to see for yourself what seminary life is like? Spend two days at the Seminary and meet other young men who have a priestly or religious vocation in mind. Next **Saturday, February 7th, through Sunday, February 8th at Christ the King Seminary in Mission.** Learn more at sck.ca/vocation-live-in.

Is Catholic high school a good fit for your family? At St. John Brebeuf Regional Secondary School, we offer an educational experience where students can thrive, discover their God-given gifts, and learn to live them out with courage and confidence. We are currently accepting applications for Grades 8-12. And yes, we have bus service! Apply today for Fall 2026! Visit us at: stjohnbrebeuf.ca/about-sjb to learn more.

CCO Activate Conference: activate Conference is an incarnational, Spirit-led encounter where missionary disciples are formed, inspired, and equipped for real-world evangelisation. Every moment is intentionally designed for transformation: from deep prayer and Eucharistic adoration to dynamic training sessions that speak directly into your mission context. May 29th through May 31st at the Sheraton Hotel, Vancouver in Richmond. Early bird registration ends February 14th. Learn more and register at activate26.cco.ca/

Neufeld Parenting Course: The real question for concerned parents and teachers is not just about how to manage a child's behaviour but rather how to do so without causing harm to the relationship, development, and well-being. This course unfolds how to do just that, while at the same time not compromising the adult's responsibility to impose some order on behaviour when circumstances require. The guidelines and principles apply to children of all ages. Weekly on Tuesdays, from **February 17th to March 10th, 2026.** Learn more and register at beholdvancouver.org/events.

Rosary for Peace: As Christians, one of the most powerful ways we can call for peace is through prayer. Archbishop Richard Smith invites all Catholics in the Archdiocese of Vancouver to come together in prayer each month for peace in our world, particularly in the Holy Land, Ukraine, and other areas affected by violence and conflict. You can take part by attending in person at the Cathedral or by joining the livestream on YouTube. Saturday, February 7th, 2026 at 11:00am at Holy Rosary Cathedral. Learn more at beholdvancouver.org/events.

Employment Opportunity: Permanent Diaconate Coordinator: The Coordinator supports the Director of the Permanent Diaconate Office by coordinating the following processes: recruitment, intake, formation, event management, evaluations, assignment, communication and ordination. If you would like to put your skills and talents at the service of this meaningful ministry, we would like to hear from you. Learn more and apply at rcav.org/careers.

Sun. FEB 8/26 5TH SUNDAY IN ORDINARY TIME

Extraordinary Ministers of Holy Communion:

Date:

Sat. Feb 7 5:00pm Mark Gervais
Sun. Feb 8 9:00am Blake Lindgren, Patrick Quinn,
Libi Putenangady
Sun. Feb 8 11:00am Shaeleen Lochbaum, Patti Sunder,
Joseph Livera

Sun. FEB 8/26 5TH SUNDAY IN ORDINARY TIME

Lectors:

Date:

Sat. Feb 7 5:00pm Carolyn Mar,
Francesca Turingan
Sun. Feb 8 9:00am PJ Lewis, Pamela Lewis
Sun. Feb 8 11:00am Maria Hedderson, Naomi Kelly

Sun. FEB 8/26 5TH SUNDAY IN ORDINARY TIME

Altar Servers: * M.C.

Date:

Sat. Feb 7 5:00pm *Hunter Morton
Sun. Feb 8 9:00am *Gabriel Legaspi, Peter Krzus, John Paul Krzus, Timothy Krzus
Sun. Feb 8 11:00am *Kristofer Zeleznik, Gianna Kanyago, Emeé Ogbonna, Philip Mbuya, Nimuna Yunga