# St. Joseph's Parish

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Fr. John McCarthy, Pastor 604.756.1963

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Weekday Masses: Monday - Saturday: 9:00am Sunday Masses: Saturday (anticipated): 5:00pm

Sunday Masses: 9:00am & 11:00am

Confessions: Saturday: 9:30 to 10:00am; 4:30 to 5pm.



St Joseph, Pray for Us

## February 19, 2023 **7TH SUNDAY IN ORDINARY TIME**

### **Stewardship Reflection:**

"But I say to you, Love your enemies and pray for those who persecute you ..." (Matthew 5:44)

Love your enemies, easier said than done. But, remember, the foundation of stewardship is prayer. When we are in close communication with God, it opens our heart and it turns our attention away from "me" and moves towards God and others. It changes my heart and actions, allowing for a little more empathy for "my enemy." When we pray for others, even our enemies, it may soften their hearts as well.

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#### Mass Intentions:

Mon. Feb. 20 Zachary Restiaux Tues. Feb. 21 Mellie Donor +

Ash Wednesday Feb. 22

9:00am Rolando Magsisi +

7:00pm Fr. Rufin Mika + former Pastor who passed away recently

Thurs. Feb. 23 Prospera Marc Castro healing

Feb. 24 Dominic Cividino + Fri. Feb. 25 Holy Souls in Purgatory Sat.

#### SUNDAY, FEBRUARY 26, 2023 **FIRST SUNDAY OF LENT**

Sat. Feb. 25 5:00pm Pastor's intention Sun. Feb. 26 9:00am Parishioners Sun. Feb. 26 11:00am Archbishop Miller

### STATIONS OF THE CROSS

Every Friday at 7:00pm during the season of Lent

## **LECTORS: FIRST SUNDAY OF LENT**

<u>Date:</u> Feb. 25 Feb. 26

5pm Nicole Martires 9am Paul Lewis, Pamela Lewis Feb. 26 11am Bridget Winterhoff,

Felistas Gariwa

### ATTENTION ANYONE WHO HAS A GLUTEN INTOLERANCE

If you have been wanting to receive Holy Communion but have not been able to do so, we are pleased to advise that we now have some gluten-free hosts. In order to receive the Blessed Sacrament in this form you must advise Fr. John. He will then ensure that you receive a consecrated gluten-free host.

HOLY LAND RELIGIOUS OLIVE WOOD CARVINGS FROM THE HOLY LAND will be on sale after all the Masses next weekend February 25/26. These articles are hand-crafted by the Christians of the Holy Land who are seeking your support to assist them in staying rooted in the land of Christ. 70 years ago, the Christian population was 20% of the whole population, now they are only 1.0%. The Holy Land Group selling these items can only accept cash, e-transfer, or cheques as payment.

ALL LADIES: Please join us on Friday, March 3rd at 1:00pm for World Day of Prayer at St. Joseph's. The ladies of Taiwan have prepared this year's service. This is an international, interchurch organization. Please join us in prayer. Refreshments will be served after our gathering. Anyone wishing to participate and volunteer to assist with refreshments can call Maria Hedderson 604.854.4858.

LET THE REDEEMED OF THE LORD TELL THEIR STORY LENTEN RETREAT FOR MINISTRY TO THE DIVORCED AND SEPARATED: Join Father Larry Lynn, pastor of Our Lady of Lourdes, on Saturday, February 25 at 8:30am. Through his own lived experience, Fr. Lyn will lead participants into an understanding of the profound mystery and beauty of the redemptive process. The day will start with Mass, participants will have the opportunity to have small group discussions, time for adoration and confessions, and a shared meal. Learn more and register at beholdvancouver.org/events

FROM PANAMA TO PORTUGAL: A WORLD YOUTH DAY PILGRIM SESSION: In 2019, World Youth Day Panama invited pilgrims to reflect on Mary's fiat and consider the influence this could have in their own lives. This year, at World Youth Day in Lisbon, Portugal, pilgrims will journey with the theme, "Mary arose and went with haste." Our Mother models trust, surrender, and abandonment; how can we embrace these attributes in our own lives? How do they play a part as we prepare for pilgrimage? WYD pilgrims from the Archdiocese of Vancouver are invited to attend this first of three WYD sessions to meet other pilgrims and spiritually prepare for the pilgrimage. This session on Friday, March 3 at 7:00pm at the John Paul II Pastoral Centre will include a talk from Makani Marguis, it will be a time to delve into the theme, and an opportunity to socialize with other pilgrims. Learn more and register at beholdvancouver.org/events

**PRAISE & WORSHIP:** The first monthly hour-long Praise & Worship will be at **2pm today**, **Sunday**, **Feb. 19**.

# PREPARE YOUR HEART FOR LENT THROUGH MUSIC AND REFLECTION:

Lent is a time of spiritual preparation. It is a time to reflect on one's relationship with God and to make amends for past wrongdoings. In order to fully participate in this season of growth and renewal, it is important to prepare one's heart for Lent.

Belle Voci has selected beautiful a cappella music aimed at cultivating a spirit of humility and repentance. Our desire is that our presentation will remind us of our need for God's grace and mercy, and encourage us to turn away from sin and towards a life of holiness. We hope our music and stories evoke the beauty of Lent.

Overall, preparing one's heart for Lent involves a willingness to let go of self-centredness and to open oneself up to the transformative power of God's love. It is a time to turn away from sin and towards a deeper relationship with Christ, and to allow the Holy Spirit to work in one's life in a new and powerful way.

Come experience our beautiful Lent presentation on Saturday, March 4, 2:00pm at Holy Rosary Cathedral, 646 Richards Street, Vancouver.

ADMISSION BY DONATION.

#### "4n4n4" YOUNG ADULT LENTEN RETREAT:

4n4n4 is an **online** retreat for young adults, **weekly** from **March 7 until April 1**, consisting of four prayer periods in four weeks and four sessions of spiritual direction. It is an easy intro to prayer, discernment, and spirituality. Learn more and register at <u>beholdvancouver.org/events</u>

# THE SEARCH WITH ST. AUGUSTINE'S CATHOLIC COMMUNITY:

Join St. Augustine's Catholic Community on a journey over seven weeks together, exploring the existence of God and tackling life's big questions in a non-judgmental and welcoming place. Whether your faith is solid or you feel unsure of your faith, or you are simply asking questions. The Search is sure to (re)ignite the love for the journey and open up a space to explore these questions. This is an online event on Thursdays, starting March 2 until April 13 from 7:00pm to 8:15pm. Learn more and register at beholdvancouver.org/events

The annual collection for retired and infirm priests is taken next weekend February 25/26. If you do not have a set of envelopes, simply use a pink envelope which can be found on the table in the foyer.

#### 40 DAYS FOR LIFE - 2023 LENTEN CAMPAIGN:

Join the 3rd annual 40 Days for Life: Lenten campaign, nightly rosary, and prayers which begin on Ash Wednesday, February 22 daily at 8:00pm until Palm Sunday, April 2 on Zoom. Learn more at beholdvancouver.org/events

#### **HOW TO DISCUSS MAID WITH FAMILIES AND FRIENDS:**

As the safeguards and restrictions for MAiD slowly disappear and doctors/hospitals are being required to present this option to their patients how do we talk to our loved ones and friends about end-of-life decisions? How do we answer the questions about pain and suffering? How do we protect our loved ones? What do we say? Join Alex Schadenberg, the Executive Director of the Euthanasia Prevention Coalition (EPC), as he answers these questions and presents the truth about euthanasia and assisted suicide. On Wednesday, March 1st at 7:00pm at the John Paul II Pastoral Centre, Vancouver, and Thursday, March 2nd at 7:00pm at Nicholas Parish, Langley. St. Learn more beholdvancouver.org/events

RETROUVAILLE WEEKEND: Need Marriage Help? Retrouvaille, pronounced "retroo-vye," means "rediscovery." It is a marriage program that has helped hundreds of BC couples recover from all kinds of marriage trouble, from simple discontent to serious crises. Why live in misery? Repair and rekindle your relationship! The program consists of one weekend and six weekly follow-up sessions, which can be attended remotely. This couple retreat begins on Friday, April 14 until April 17. For confidential information or to register for the spring Retrouvaille Vancouver program, email vancouverbc@helpourmarriage.org

# COUPLES RETREAT FACILITATED BY WORLDWIDE MARRIAGE ENCOUNTER:

If you desire tor restore communication and rekindle romance, this weekend is for you! Come learn how to become closer as a couple through a communication strategy that will deepen and strengthen your love, leading to a richer, more intimate and joyful life together! The presenting team consists of 3 couples and a priest who will help you to:

- Learn tools to make your relationship a priority
- Communicate from the heart and grow in intimacy
- Renew your commitment to each other and value the precious gift of your marriage

This weekend is meant to be experienced in its entirety as each presentation builds on the previous ones. Attending each session is expected. Mass will be celebrated on Sunday as part of the retreat. This couple retreat in Kamloops BC begins on Friday, April 14 at 7:00pm and ends on Sunday, April 16 at 4:00pm.

Registration deadline: Tuesday, March 28.

Learn more and register at beholdvancouver.org/events