



PRAYER FOR THE FIRST WORLD DAY FOR GRANDPARENTS AND THE ELDERLY

Heavenly Father, your presence is a comfort to me
even in times of loneliness and distress.
You alone are my hope, and in you I place my trust.
You have long been my rock and my fortress.

You have blessed me with a long life
and rich relationships with family and friends.
You have given me moments of joy and tribulation,
dreams that have already come true
and those that still lie ahead of me.
Thank you for this time of renewed fruitfulness
to which you are now calling me.

Increase, O Lord, my faith,
and make me a channel of your peace.
Teach me to embrace those who suffer more than me,
to praise your tender mercies without end
and tell of your wonders to the next generation.

Protect and guide Pope Francis and the Church,
so that your Son's Gospel may enlighten all people.
Send forth your Spirit, O Lord, to renew the face of the earth,
that the storm of the pandemic may be calmed,
that the poor may be consoled,
and that all violence may cease.

Uphold me in my weakness
and help me to live life to the full,
in the certainty that you are with me always,
even until the end of the age.

Amen.

Adapted from a Prayer prepared by the Dicastery for Laity, Family & Life