

St. Joseph's Parish

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St. Joseph, Pray for Us

January 31, 2021 4th Sunday in Ordinary time

Jan. 31 ⁴But God, who is rich in mercy, ... ⁵even when we were dead through our trespasses, made us alive together with Christ... ⁶and raised us up with him and seated us with him in the heavenly places in Christ Jesus. Eph. 2:4-6

Stewardship Reflection

January 31, 2021 - 4th Sunday in Ordinary Time

"Brothers and sisters: I should like you to be free of anxieties." - 1 Corinthians 7:32

How much anxiety do we bring upon ourselves by constantly worrying about not having enough or attaining more things? God won't necessarily give you everything you want, but He will provide everything you need. Try this - use the word "pray" instead of the word "worry" in the future. Then pray for things instead of worrying about them.

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Sorry! No in-person attendance is allowed at any Mass.

Masses are LIVE STREAMED at <https://stjosephmissionbc>

There is Drive-Through HOLY COMMUNION at 9:50am and 12Noon **EVERY SUNDAY**. On weekdays at 9:30 am

Mass Intentions:

Monday	Feb. 01	Stefanek Family +
Tuesday	Feb. 02	Daniel & Sarah Leslie
Wednesday	Feb. 03	Matt & Molly Leslie +
Thursday	Feb. 04	Ina Snijders-Poland & Family
Friday	Feb. 05	William Pennington + & Family
Saturday	Feb. 06	Bettencourt Family - living & deceased
Sunday	Feb. 07	Tony Bettencourt +

Virtual Worldwide Marriage Encounter-Feb. 26-28

If you desire to restore communication & rekindle romance, this weekend is for you; no travel required and from the comfort of your own home!

Click here for registration: <https://beholdvancouver.org/events/virtual-worldwide-marriage-encounter-5>

Click here for info video: <https://www.youtube.com/watch?v=VvQUEZ35Ufg&feature=youtu.be>

Deus Caritas East (God is Love) - Women's Faith Study

There are separate offerings for this study: Thursday morning Feb 4, 11 am to 12:30 pm or evening 7:00 to 8:30pm. Both sessions will be online over Zoom. Register online @ beholdvancouver.org/events

World Day of the Sick Mass

Each year on February 11, the Catholic Church marks the World Day of the Sick. This is a time to offer prayers for those who suffer from illness and for their caregivers. Archbishop Miller will celebrate Mass for the sick on Friday, Feb 12 at 12:10 pm from Holy Rosary Cathedral. Join the live stream @ holynosarycathedral.org/live-stream

Drug or Alcohol Addiction Recovery

If you, a loved one, or someone you know, wants to be free from an addiction to drugs or alcohol, consider Sancta Maria House. Located in a beautiful part of Vancouver, we offer a structured and supportive Catholic Christian 12-Step recovery program, in a pleasant, loving, family-like setting. We accept women of all faith backgrounds. For more information, visit: agapestreetministry.org/healing-homes/sancta-maria-house-1st-stage-recovery-house/ or call 604-731-5550.

Dialogue on Aging's - Virtual Public Presentation Session:

On Tuesday, Jan. 26 at 1:00 pm, Dialogue on Aging will be hosting a free Virtual Public Presentation Session. Join us for a dialogue with researchers, clinicians, and stories of resiliency. Our feature presentation is, "Growing Older and Wiser - Mindfulness and Aging" by Dr. Elisabeth Drance. Our mini presentation will be: "Supporting Seniors Well-Being" by Dr. Penny McCourt, MSW, PhD. We will have ASL (American Sign Language) Interpreters and captioning for those who have a hearing impairment. For more information/resources, please visit publicpresentations.providencehealthcare.org

SJB OPEN HOUSE--St. John Brebeuf High School Virtual Open House will go live on Monday, February 8 at 6:00 PM. There will be a series of videos to view so that you can get a feel for the spirit of our school. We will also hold live Q & A sessions with our staff for those families who have questions. Please visit www.stjohnbrebeuf.ca/openhouse for more information and to register.

The Sanctuary Course for Catholics

One in four people will be affected by a mental health problem at some point in their lives, yet the stigma surrounding mental illness silences many and prevents faith communities from responding compassionately and effectively. This eight-session course—designed for use in small groups—explores the realities of mental health and illness, as well as the vital need for faith-based community conversations about these topics. The sessions are accompanied by compelling films that feature the stories of Catholics living with mental health challenges. Sanctuary Course for Catholics is launching on FORMED in January 2021. Find The Sanctuary Course for Catholics @ formed.org

FREE Estate & Memorial Planning Webinar

Join us for a free webinar to help you plan your estate, learn the beauty of the funeral rite, and start thinking about a pre-need plan. You'll receive a complimentary Estate & Memorial Planning guide with practical tools and local resources. The next webinar will take place on Thursday, Feb. 18 at 11:00 am. Register for free @ rcav.org This event is presented by Gardens of Gethsemani Catholic Cemetery, a ministry of the Archdiocese of Vancouver.